



NEWSLETTER



January

Children and Youth with Special Health Care Needs



January is..

International Day of Persons with Disabilities Dec. 3

2025

HAPPY NEW YEAR



Please take this quick Survey



VIRTUAL SUGGESTION BOX



The CYSHCN Program provides timely information, community resources, referral services, webinars, community events & opportunities for families to connect.

Paula Hayes-Hayden,
CYSHCN, Coordinator
845-360-6644, Text: 845-916-0559
phayeshayden@orangecountygov.com

SCAN FOR PROGRAM INFORMATION



Join us at the **UPCOMING EVENTS**



Parent & Child Playgroups

FREE

Spanish translation will be available

Designed for all ages and abilities 12 months - 5 years

Join us at the Orange County Family Center located in the Newburgh Armory Unity Center 321 S. William St, Newburgh

Read, Dance & Sing

Kids will learn and have fun with their families!

- Story time
- Hands-on centers
- Music
- Movement

Tuesdays 10am-11:30am



- Jan. 7, 14, 21 & 28
- Feb. 4, 11, 18 & 25



Register

REGISTER NOW

Please scan the QR code or click on link to register your child(ren) for this event!

<https://qrcodes.pro/bPoIY1?>

Resources

N.Y. Dropping Regents Exams as a Graduation Requirement

Under a looming overhaul outlined in June, students would no longer be required to pass the state's Regents exams to earn a high school diploma. Instead, the exams would be among a slew of options for demonstrating proficiency in key areas, including project-based assessments, work-based learning experiences, and more.

The New York State Education Department (NYSED) has presented a timeline and implementation plan to change graduation requirements for students. The plan aligns with recommendations made by the New York State Blue Ribbon Commission on Graduation Measures, which were designed to bring greater equity within the state's education system. According to the state's proposed timeline, changes to graduation requirements would first take effect in fall 2027.

[Read More Here](#)



Health Hub for Families

Not sure where to start? Help Hub for Families can help you find resources for children with multiple needs. Find health, education, human services and disability information for newborns through age 22.



Call
1-888-554-3277
for resources and referrals.

OFFICE OF PEOPLE WITH DEVELOPEMENTAL DISABILITIES

New Video series to Learn about service & support connections **To begin the "Open Door" process, contact OPWDD Infoline at 866-946-9733 and view the videos.**

[Click here to access all OPWDD Videos](#)



SCAN QR CODE TO VIEW OPEN DOOR BROCHURE

Help your child grow and thrive



Download CDC's free **Milestone Tracker app**
Two million downloads and counting!



Track & Share Milestones



Get Tips & Activities



Learn When to Act Early

Learn more at cdc.gov/MilestoneTracker



Community Outreach Pantry

Outreach Days 2025

Jan 13
Feb 24
March 24
April 21
May 19
June 23



Arrive at 8:30 am for a ticket. Limited waiting time!

The Pantry is FULL of delicious & nutritious food...

- Meat
- Fresh, frozen & canned food
- Bread & cakes
- Also available are clothing, diapers & houseware items

New Location

(next to dollar general)

193 Jersey Ave. Port Jervis, NY 12771

Parking only on the street in front

vroom.

Download the FREE app

FREE



Life gets busy. Vroom stays simple.

Vroom Tips™ help you do more with your shared moments. Add learning to mealtime, bedtime, or anytime. With each short activity, you teach your child the life skills that help them thrive.

Find more free Vroom Tips by downloading the Vroom app, texting VROOM to 48258, or visiting vroom.org.

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Join the Parenting Coalition Conversation

Orange County Parenting Coalition presents **Harnessing "Green" Time – a lively conversation about youth screen time use – from toddlers to teens!**

Date: Thursday, January 30, 2025

Time: 12:00 - 1:30 P.M.

Please register for the upcoming program by using this link: <https://bit.ly/3BqKvwO> or by scanning the QR Code to the right!



Our agenda will include:

- What is the Orange County Parenting Coalition?
- Sharing of screen time experiences
- What's all the fuss about with screen time?
- What are others doing about it?
- Sharing of upcoming events in Orange County for families

I'm excited to learn about these topics and get the chance to share my views! 😊



Cornell Cooperative Extension
Orange County

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities

Resource Lending Kits

Check out the new lending resources available for community organizations, day cares, preschools, schools & families.

Kits available:

with more topics to come.

- Sensory, Social & Emotional
- Ability Awareness
- Behavior, Anxiety & Emotions,

For questions, please contact Paula Hayes-Hayen @ 845-360-6644

Sensory Social & Emotional
resources & activities



Request a loan

<https://qrcodes.pro/Fu2M4j>

Video about the kits





01/08 @ 10:30PM-12:30PM

CPSE to CSE: Transition from Preschool to School-Age Special Education Services. Be prepared for your child's transition from preschool to kindergarten! Learn more about the transition process, the difference between preschool and school-age services, and your role in developing the Individualized Education Program (IEP). Presented by the Manhattan Early Childhood Family and Community Engagement (FACE) Centers.

[Register Here](#)

01/13 @ 1:00PM-2:00PM

What Does Advocacy Mean in Special Education.



[Register Here](#)

01/14@ 1:00PM-2:00PM virtual

NYU Children's Hospital presents- Just 5 Minutes a Day to Keep Child Behavior Problems Away. This webinar will discuss how special playtime differs from regular play, show you the evidence backing it, and teach you the skills to get started with your child.

[Zoom Link](#)

01/15 @ 6:00PM

Positive Solutions for Families- Behavior has Meaning. Presented by the Bronx Early Childhood Family and Community Engagement (FACE) Center.

[Register Here](#)

01/16 @ 9:00AM-10:00AM

Parenting a Child with a Disability One of INCLUDEnyc's family educators will discuss and share strategies on parenting and advocating for children with disabilities.

[Register Here](#)

1/21 @ 6:30PM

ADHD/Learning Differences FREE Support Group Third Tuesday of the Month! Are you a parent of a child with ADHD or do you suspect they have a learning difference? We will be sharing experiences, discussing strategies and providing support.
ONE TIME REGISTRATION!
Call: 716-332-4170 | Email: info@parentnetworkwny.org

[Download Flyer](#)

01/22@ 10:00AM-11:00AM

Top 5 Rights in Special Education. Learn your rights and responsibilities under the federal Individuals with Disabilities Education Act (IDEA).

[Register Here](#)

1/28 @ 6:00PM-8:00PM

Supporting Your child in Work-Based Learning (WBL) Experiences. Presented by Parent to Parent of Western NY

[Register Here](#)

Recorded podcast

Screen deep podcast presented by Children and Screens. In this episode, you'll learn: How media use affects young children's attention and learning, how to choose high quality media content and use it to support young children's learning and how background TV exposure can affect young child attention.

[Listen Here](#)

02/11/25 @ 1:00pm-2:00pm

NYU Children's Hospital presents- "Can I Hold Your Hand?" Navigating the Dating World When You're a Teen with Autism. In this webinar, Dr. Michelle Lee, offers information related to the social skills of dating, including how to let someone know you like them, dating safety skills, and how parents can support their teens and young adults.

[Register Here](#)



Foundry 42+ STORY TIME

Foundry 42+
Free Children's Story Hour
11:00AM- 12:PM
42 Front Street, Port Jervis

Every SATURDAY at 11 AM. Meet upstairs in the Foundry Loft for a time filled with wonderful children's books, crafts, music, and fun. Don't miss it!

Looking for things to do?

These sites provide weekly or monthly events, classes, festivals, meet-ups and activities around the Hudson Valley or near vicinity.

- [Hudson Valley Kids out and about.com](http://HudsonValleyKids.com)
- [Orange Tourism.org](http://OrangeTourism.org)
- [Mommy Poppins.com](http://MommyPoppins.com)
- [Kids fun Warwick.com](http://KidsFunWarwick.com)
- [HV Parent.com](http://HVParent.com)



SCAN FOR LINK TO ALL EVENT SITES

2024- 2025 ADHD/LEARNING DIFFERENCES SUPPORT GROUP



3rd Tuesday Every Month
6:30 PM to 8:00 PM

September 17, October 15, November 19,
December 17, January 21, February 18,
March 18, April 15, May 20, June 17



Are you a parent of a child with ADHD or do you *suspect* they have a learning difference?

DISCUSSIONS AND INSIGHTS

RECEIVE SUPPORT

Get information that's practical, constructive, and helpful.

CONNECT WITH OTHERS

Learn more about coping with your problems through shared experiences.

EXPRESS YOURSELF

A safe place to share your experiences and challenges.

YOUR HOSTS

Emily Tennant-Koller
Parent of a child with learning differences.



Erin Reisdorf
Parent of child with special needs



YOUR SPONSORS



Sadie's Bookstore

Sadies' For The
People ~ Sadie's
Books & Beverages

Sensory Saturdays!
1st Saturday of each
month.
A special Sensory
Experience 11am-12pm



37 North Street
Middletown, NY, 10940
845.670.4463

Contact information



REGISTER

www.parentnetworkwny.org/events

Registration is required to receive Zoom link.

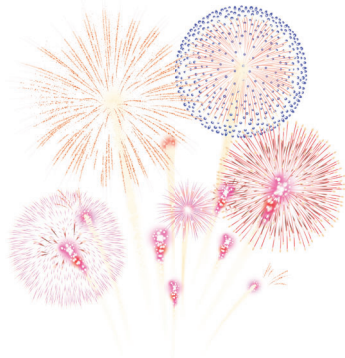
More information

716.332.4170 or
info@parentnetworkwny.org



2024 Memories

Fill the jar with
all your family's
memories



Download
Memory Jar



<https://qrcodes.pro/oK9sbN>

STREAM



zzzzzz



Addressing Sleep Challenges for the Neurodivergent Child

Start Watching Now

Follow steps to create a login and password to Parent Network's online learning system:

1. Visit <https://parentnetworkwny.talentlms/catalog/info/id:202>
2. Click: "Get this Course"
3. If you already have a username and password registered click, "Login"
4. If you don't have username and password registered, click: "Signup"
5. Fill out the information then click: "Create account"
6. Now click: "Start course" and enjoy the webinar!