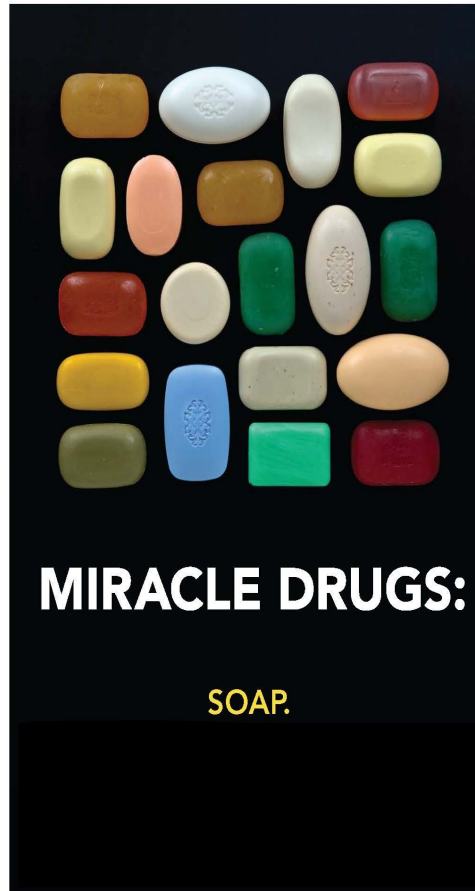


## Prevention Methods

- Encourage frequent hand washing.
- Wash hands with soap and water for 20 seconds.
- Keep your family up to date with all vaccines including flu and pertussis.
- Keep your children home when they are sick.
- Encourage your child to use tissues when they cough or sneeze.
- Routinely clean and disinfect surfaces.
- Do not share personal items like forks, spoons, straws, food, combs, brushes, hats, makeup, or towels.
- Follow up with your physician as needed.



## Orange County Department of Health

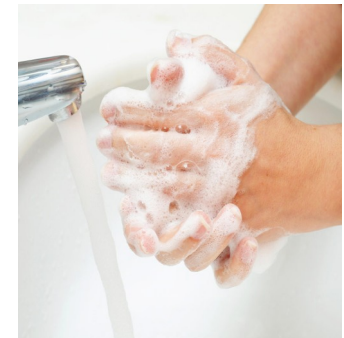
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## Orange County Department of Health

### **A Parent's Guide to Common Childhood Diseases**



Edward A Diana  
County Executive

Jean M. Hudson, MD, MPH  
Commissioner of Health

## Diseases

## Symptoms

## Return to School Criteria

<b>Fever</b>	100 degrees or above	Fever free for <u>24 hours</u> without fever-reducing medication
<b>Pink Eye (Conjunctivitis)</b>	Irritation of the eye, tears, swelling, buildup of sticky fluid and crusting	When eyes are mucus free or on medication for <u>24 hours</u>
<b>Head lice</b>	Itching, small red bumps on scalp Lice or eggs (nits) found in hair	Lice free after treatment
<b>Hand, foot, and mouth disease</b>	Fever, sores in mouth, on hands or feet	When lesions heal
<b>Scabies</b>	Intense itching and burrow like rash	<u>24 hours</u> after physician prescribed treatment started Doctor's note required
<b>MRSA (Staph Infection)</b>	Skin infection that looks like pimples or boils. May be red, swollen or pus-filled	Evaluated by provider, skin kept covered and excluded from contact sports Doctor's note required
<b>Strep Throat</b>	Sore throat, fatigue and fever	<u>24 hours</u> after antibiotics started Doctor's note
<b>Influenza</b>	Cough, chills, fever and headache	Fever free for <u>24 hours</u> without fever-reducing medication Doctor's note required
<b>Pertussis (Whooping cough)</b>	Persistent cough or short convulsive-like coughs	<u>Five days</u> after physician prescribed antibiotics started Doctor's note
<b>Fifth's disease</b>	Low-grade fever, cold-symptoms, facial rash, lacy rash on trunk, hands and feet	When child feels well Doctor's note required
<b>Pin worms</b>	Anal itching, disturbed sleep, local irritation due to scratching	<u>24 hours</u> after physician prescribed treatment started and skin kept covered Doctor's note required
<b>Stomach "bug"</b>	Abrupt onset of nausea, vomiting, diarrhea, abdominal pain and discomfort	<u>24 hours</u> symptom free Doctor's note required